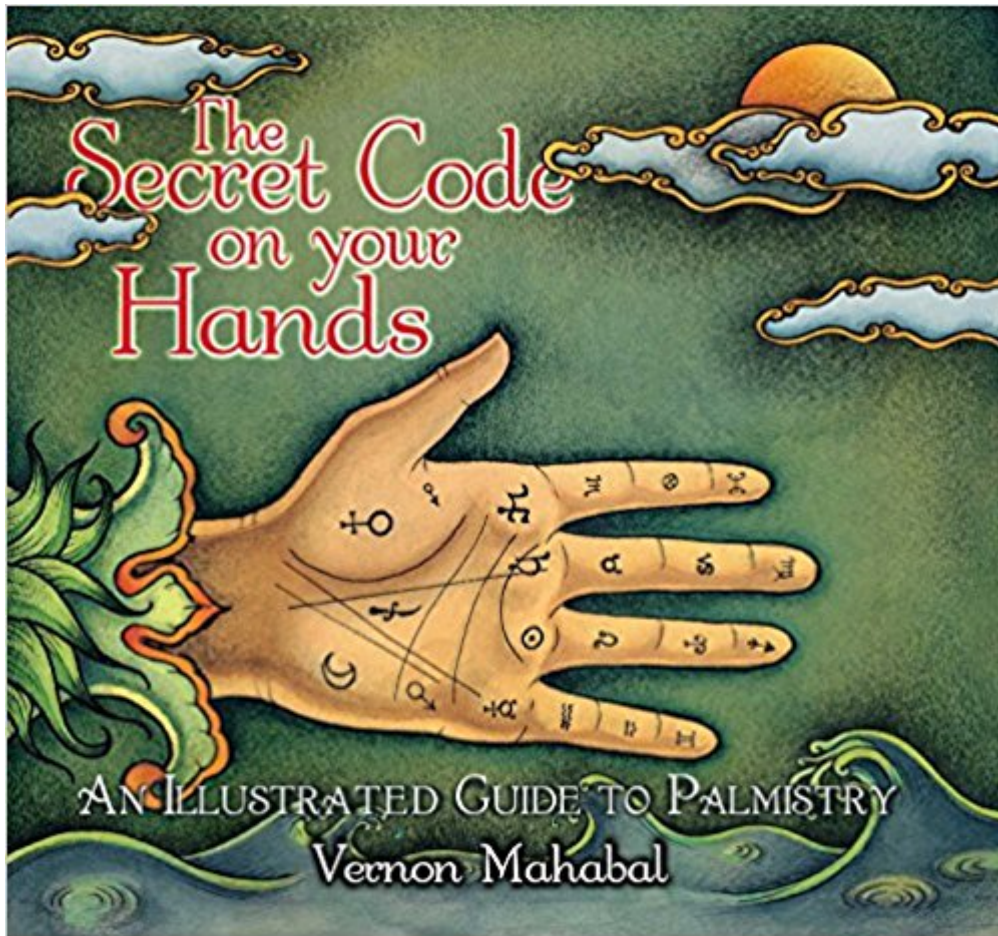




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# The Secret Code On Your Hands: An Illustrated Guide To Palmistry



## Synopsis

When properly understood, the human hand is an unsurpassed tool for character and emotional analysis. The Secret Code on Your Hands is a captivating instruction guide to understanding how to read your own destiny in your hands, as well as your friends. Fully illustrated, with quick pointers and distinct section dividers, it is a great reference book for any aspiring palmist; a quick and accurate method to assess talents, abilities, psychology, and emotional personality in both business and romance.

## Book Information

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Age Range: 12 - 17 years

Grade Level: 7 - 12

## Customer Reviews

Vernon Mahabal is the founder and director of The Palmistry Institute in Los Angeles. In 1979 he began formal training in Vedic cosmology, resulting in numerous trips to India. He combines Western astrological palmistry with Chinese elemental hand analysis, as he continues to explore new research. Mahabal has read thousands of hands and is in constant demand as a lecturer. He has hosted his own national cable show and written numerous articles on palmistry.

This is an excellent book for the beginner palm reader. Well, actually it's a bit more than just a primer, but it's very easy to understand so that someone like me with zero experience, can do a fair job of doing a casual reading for friends. The book is laid out like brightly colored cook books with tabs separating the 4 main parts of what you'd read on the hand. Actually it's more like reading the

whole hand, rather than just the palm. Vernon Mahabal starts with the physical layout of the hand's landscape starting with the color. Pink is normal. Red usually means you're upset with someone. Yellow means you're worrying too much. Blue means that something's on your mind and if your hands get very blue, it means that you're feeling sad. Next is the shape of the palm, the length of the fingers, whether your hands are hard or soft, and then if there are mounds on your and where they are located. All of this has meaning which the author lays out with great illustrations and easy directions. The next tab shows the meaning of the fingers. They are named after the planets because they hold the energies of the planets within them. Mercury is the baby finger, the Sun is the ring finger, Saturn is the middle finger and Jupiter is the index finger. I've actually read in a totally unrelated book that we can tell where we are spiritually by the swirls on our index finger, so it makes sense that Jupiter rules spirituality. If your Jupiter(index finger) is longer than your Sun(ring) this means that you have natural leadership abilities. Turn it around and you're a natural artist/musician or anything in the creative field. Mahabal calls the thumb the lightening bolt generator. It's the power station that makes our talents come to life. I've also heard that the thumb is all about our will, so again, this makes sense. The last tab is about the lines on your hand. They are called Rivers of Consciousness. They are created by our brain waves. "They are a map of your consciousness. Think of each line as flowing river. The deeper and wider the line, the more power it can give you." page 35 I have a few other books on palm reading, but no book was as easy to understand and so clearly laid out. I'd recommend this book to anyone just starting in the field of palmistry, or anyone wants to understand their life in a deeper way. I'd also recommend visiting Vernon Mahabal's website and have a reading done for yourself. I did and it was a life changing experience. He specializes in your soul's purpose.

I have really enjoyed this book. It is well illustrated and pretty in-depth. It answered pretty much all of my questions and was about 80% accurate on my own palm. But some of that may be my own error in reading. I highly recommend this book. It is a great book for a great price.

It's a really great guide to learning how to read palms. It has way more information than I ever knew was involved with reading palms. For part of it you can tell stuff about people based on the firmness of their hands and they recommend feeling a lot of hands to be able to tell the difference. I did and it wasn't the most comfortable experience to ask people if you can poke their hand. It worked though, now I have that knowledge. It's a fun thing to do with friends unless it turns out it's all bad news for them. It's a great ice breaker most of the time.

Makes a great Christmas gift. Wonderful illustrations!

Love this book very beautiful

This is a good detailed book for all interested in this line of work i myself am very interested

I really enjoyed this book. Simple, and so easy to follow. Love it! Love It!

Interesting book and very well written.

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